



PREACHING CURRICULUM

PSALM 4 – PRAY THROUGH YOUR DISTRESS

“...the righteousness of God guarantees that He will always act righteously.”

1

REVIEW THE SERMON

“We must learn to call upon God, because in a fallen world distress is inevitable.”

What were the four main points of the sermon? _____

What was the over arching theme of the sermon, i.e., the “big idea” that was being communicated? _____

2

ASSESS YOUR LIFE

“Your response to distress affects people. Your response to suffering is your testimony! Think about that!”

Other than coming to the Lord in prayer, how do you deal with and respond to times of difficulty and distress? Which ways are good, and which ways are not so good? _____

What present distress are you experiencing right now that you need God to respond to in order to provide you with relief? Are you praying in faith, with confidence in the grace and righteousness of God to answer and bless you? _____

3

APPLY THE TRUTH

"In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety." Psalm 4:8

How does a leader effectively demonstrate confidence in God? What are the results of this, and how can you work toward demonstrating confidence in God this week? _____

How can you encourage those around you who are in distress or are worried? What enables you to live this way?

4

COMMIT THIS WEEK

"Confidence is possible when you believe God keeps covenant."

How will I EITHER encourage a fellow believer this week who is in the midst of distress and difficulty OR deal rightly with my current experience of distress and difficulty? _____

(Check out the resource section in the app for a Bible reading plan to help you in your study of God's Word)

5

PRAYER REQUESTS/PRAISE REPORTS

DATE: _____

PERSON	REQUEST	ANSWER/PRAISE REPORT