

# PREACHING CURRICULUM



**SERMON TITLE:** Christ in your Body

**SCRIPTURE:** 1 Timothy 4:8; 1 Cor. 6:20; Romans 12:15; Philippians 4:6-7

*'...spiritual salvation without physical salvation leaves a powerless gospel...'*

*'...the body and the spirit are inextricably linked, and God wants to save both... both our body and our spirit are given in service and stewardship as living sacrifices to Him...'*

## 1 REVIEW THE SERMON

Can you identify the lie of dualism that robs the Christian of gospel witness here and now?

How is the gospel so much more than just a way to heaven? How is the gospel not only about the saving of souls, but also the redemption of the physical, and of this physical world?

How do we fail to lift up Christ's Lordship of this world if we allow the lie that He is only Lord of the immaterial to take root?

If physical health is unimportant to God why did Jesus minister by healing people physically and emotionally (Matthew 25:35-40)?

## 2 ASSESS YOUR LIFE

How does the way you use and steward your body either honour or dishonour God (1 Corinthians 3:16-17)?

What are some improper uses of God's gift of our bodies? How do we glorify God with our bodies (1 Corinthians 6:19-20)?

How can we harness and control our emotions in order to glorify God, and to rid ourselves of those that are sinful?

How does biblical truth inform and stabilize your emotions? What does the Bible teach us about the truth of: lamentation (John 11:35), anxiety (Philippians 4:6-7), anger (Proverbs 29:11; 16:32), and fear (Joshua 1:9)?

What priorities are you demonstrating to the next generation through your stewardship of your body and emotions?

## 3 APPLY THE TRUTH

How can we steward our whole humanity, body and spirit until Christ returns (Romans 12:1)? How may the individual living out of this God-given truth of physical value and importance differ from one person to another (Romans 14:23)?

Why does this wholistic redemption matter (1 Corinthians 15:12-16)?

How do we bring gospel values to bear on the world NOW?

How does the gospel, the Lordship of Christ, conquer the maligning work of sin in both the material and the immaterial world?

## 4 COMMIT THIS WEEK

How will you live out your responsibility to steward your body as an expression of thankfulness for His redemption?