

# PREACHING CURRICULUM

## Be Patient & Kind to One Another

### Ephesians 4:1-6; 25-32

*"There is one body and one Spirit, one hope, one Lord, one faith, one baptism, one God and Father of all."*

## 1 REVIEW THE SERMON

LEADER NOTES: Encourage your members to pull out their notes and review the main points of the sermon. (9-12 mins)

**Read Ephesians 4:1-6.** According to Paul, how does one walk in a worthy manner? What virtues are we to embody as Christian believers?

What does Paul identify as the basis of Christian unity in this passage?

**Read Ephesians 4:25-32.** What vices are we commanded to avoid, and what virtues are we to replace them with?

How might we grieve the Holy Spirit?

## 2 ASSESS YOUR LIFE

LEADER NOTES: Evaluate the condition of your lives in relation to the truth from God's Word. Encourage heart examination. (12-15 mins)

Are you eager to maintain a Spirit of unity within the church? If so, how do you maintain unity with your fellow believers?

How do you express patience and kindness towards others, especially to those in the church?

## 3 APPLY THE TRUTH

LEADER NOTES: Create a list of ways to close the gap between your lives and the truth of the Bible. Be practical and intentional. (12-15 mins)

How can we maintain unity with other Christians when there are ethnic, cultural, economic or social differences between us? How can we be unified with Christians who have theological, ethical or political disagreements with us? Is this possible? If so, how?

What would your life look like if you consistently practiced the virtues mentioned in this passage? What effect would it have on others?

## 4 COMMIT THIS WEEK

LEADER NOTES: Call your small group members to make a commitment and get the group working together to follow-up with each other. (9-12)

How will you practice the virtues of patience and kindness to others this week?