MAT GOAL WORKSHEET

MAT Goal Worksheet: For use by mentors in defining the focal areas of the relationship.

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| ORIENTATION  AREA | FOCAL  AREAS | REFER TO ASSESSMENT QUESTIONS | RECORD PERCEIVED STRENGTHS AND DEFICITS |
| God-Orientation | Beliefs  Worship Life  Ministry  Spiritual Disciplines | MATa: G1-G8  MATb: G2-G8 | 1.  2.  3. |
| Others-Orientation | Family  Church  Friends  Society | MATa: O1-O8  MATb: O2-O8 | 1.  2.  3. |
| Self-Orientation | Calling/Spiritual Gifts  Character  Physical Health  Emotional Health  Recreational Life  Career Fulfillment  Finances | MATa: S1-S10  MATb: S2-S9 | 1.  2.  3. |

Goals Setting and Strategies Based Upon Assessments

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| I make it my goal to: | To accomplish this goal I will: |
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WEEK BY WEEK MENTORING OVERVIEW

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| Meeting | Abbreviated Weekly Focus and Actions Taken | Recommended Exercises |
| 1 | Meet  Describe Mentoring Process  Set Boundaries  Establish Covenant |  |
| 2 | Review MATa/b  Ask Questions  Seek to Understand  Share your Testimony |  |
| 3 | Propose Topics to Discuss  Propose Resources  Pray for Mentee | Have Mentee write (draft version) of 10 year letter |
| 4 | Discuss personal mission and vision  Draft a mentee mission and vision statement | Develop a prayer log |
| 5 | Discuss self orientation  Spiritual Gifts | Do spiritual gifts inventory and study |
| 6 | Discuss self orientation  Spiritual disciplines | Create a mini spiritual retreat (as a modeling exercise) |
| 7 | Discuss others orientation  Assessing relationships  Loving others/compassion/serving |  |
| 8 | Discuss others orientation  Witnessing  Finances/occupation/education |  |
| 9 | Discuss God orientation  Developing a godly mind | Scripture memorization  Recommend books/DVDs |
| 10 | Discuss God orientation  Developing a godly character  Growth in worship life |  |
| 11 | Living Life together  Entertainment/free night | Go see a movie  Go to a sporting event  Go for a meal |
| 12 | Rewrite 10 year letter  Discuss continuation of Relationship  Handout MATc |  |